

# **JUICES**

Orange, Apple, Cranberry, Iced water

#### **CEREALS**

Kates' Homemade Granola With coconut oil and maple syrup

Cornflakes • Rice Krispies • Frosties

All-Bran • Weetabix • Special K

Muesli • Muesli (no added sugar)

Crunchy Nut Cornflakes

### **FRUIT**

Fresh Fruit Salad Melon, grape, orange & strawberry

Grapefruit

**Prunes** 

#### **YOGURTS**

Longley Farm natural or fruit yogurt

Information about allergenic ingredients in our Menu Options can be obtained by request.

We make every effort to avoid the use of genetically modified ingredients.

Dishes may include nuts which can cause anaphylactic shock.

#### HOT STUFF

Full Yorkshire Breakfast

Grilled bacon, pork sausage, black pudding, fried bread, mushrooms, baked beans and grilled tomato

Eggs - poached, fried, scrambled or boiled

Vegetarian Breakfast

Vegetarian sausage, fried bread, mushrooms, baked beans and grilled tomato Eggs - poached, fried, scrambled or boiled

Smoked Salmon

With scrambled egg

Smoked Haddock With scrambled egg

All served with

**Toast** 

White, brown or both

Marmite and Tiptree preserves (Marmalade, strawberry, raspberry or blackcurrant jam)

Yorkshire Tea

Earl Grey

Heavenly Coffee, Java & Santos blend

Pukka Teas

Three Mint, Turmeric Gold, Three Ginger, Feel New, Chamomile

# Break your fast with friends!

Do you have friends or family staying in Filey but not staying here with you?

There is no need for them to be deprived of a White Lodge breakfast! Book them in at reception, only £17.

# BARISTA COFFEE

Your breakfast comes with a cafetiere of Java & Santos blend coffee included, but if you would prefer something else, take a look below.

> Espresso 2.50 Americano 3.35 Flat White 3.35 Cappuccino 3.35 **Latte 3.35** Mocha 3.75 Hot Chocolate 3.50

# **BREAKFAST BOOZE!**

There is no point us having a twenty-four hour licence and you not using it!\*

Enjoy a: **Bucks Fizz or Bloody Mary** For just £5

\*Hotel residents only

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